

UNITED SAFETY SOLUTIONS

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826 Bloom Rd
Eagle River, WI 54521

OSHA 30 CONSTRUCTION

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Course: 30 Hours Instruction
Hours: Class Room
Hours: Field Instruction

Regulation
Prerequisites:
Fee:
CE Credits:

Per OSHA, "Construction Industry" standards apply only to new construction, installation, repair, renovation, painting, demolition and decorating. This workforce training guides the understanding of OSHA regulations and workplace hazard recognition with the intent to customize training as each industry's concerns vary.

Who Should Attend: This training is intended to be customized for seasoned construction workers, lead-man, upper management, supervisors and those with responsibility for safety and health.

What They Will Learn: Learn to identify, abate, avoid and prevent related hazards on a job site. Construction industry safety and health hazards which a worker may encounter. Per OSHA's instruction, this training emphasizes hazard identification, avoidance, control and prevention, not OSHA standards

OSHA MANDATES SPECIFIC TRAINING REQUIREMENTS AS FOLLOWS FOR A MINIMUM OF 30 HOURS

2 hours - Introduction to OSHA

- Workers' rights, employer responsibilities and how to file a complaint
- Helpful worker safety and health resources
- Samples of a weekly fatality and 3 catastrophe report, material data safety sheet and the OSHA Log of Work-Related Injuries and Illnesses
- Materials include an Instructor Guide, PowerPoint slides, student handouts, and participatory activities

2 hours - May include Injury and Illness Prevention Programs

- Job Site Inspections
- Accident Prevention Programs
- Management Commitment and Employee Involvement
- Worksite Analysis
- Hazard Prevention and Control
- Accident Investigations
- How to Conduct Safety Meetings
- Supervisory Communication

2 hours - Personal Protective Equipment (PPE)

2 hours - Health Hazards in Construction

- May teach noise, hazard communication
- Crystalline silica
- Lead or any other construction health hazard

1 hour - Stairways and Ladders

6 hours - *OSHA Focus Four Hazards* - The student will be able to recognize and identify hazards in construction (falls, caught-in or between, struck-by, electrocution) - Describe types of hazards - Protect himself / herself from these hazards - Recognize employer requirements to protect workers from these hazards.

- Falls (minimum 1 hour and 15 minutes)
- Electrocution (30 minutes)
- Struck-By (i.e. falling objects, trucks, cranes) (30 minutes)
- Caught-In or Between (i.e. trench hazards, equipment) (30 minutes)

12 hours - ELECTIVE: Students select a minimum of 30 minutes training on at least six of the following topics:

- Concrete and Masonry Construction
- Confined Space Entry

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- Cranes, Derricks, Hoists, Elevators, & Conveyors
- Ergonomics
- Excavations
- Fire Protection and Prevention
- Materials Handling, Storage, Use and Disposal
- Welding and Cutting
- Powered Industrial Vehicles
- Safety and Health Programs
- Scaffolds
- Steel Erection
- Tools - Hand and Power
- Motor Vehicles, Mechanized Equipment and Marine Operations; Rollover Protective Structures and Overhead Protection; and Signs, Signals and Barricades

3 hours - OPTIONAL: Students may select a topic from the following construction industry hazards or policies and / or expand on the mandatory or elective topics and or learn other construction industry hazards or policies. The minimum training of any topic is 30 minutes.

The Outreach Training Program is voluntary. However, some states and local jurisdictions have enacted laws mandating Outreach training. Some employers, unions and various other jurisdictions also require workers to have this training to work on job sites and to fulfill their own safety-training goals.

1. Accident Investigation and Prevention
2. Aerial Platforms/ lifts
3. Asbestos
4. Back Safety
5. BBP
6. Clothing and Attire (chemical)
7. Compressed Gases
8. Concrete-Masonry
9. Confined Space
10. Cranes
11. Electrical
12. Emergency Action Plan
13. Ergonomics
14. Eye and Face Protection
15. Fall Protection
16. Fire Prevention
17. Hand and Foot Protection
18. Hazcom
19. Head Protection
20. Hearing
21. Hot Work
22. Housekeeping
23. Ladders
24. LOTO (lock out tag out)
25. Machine Guarding
26. PIT (powered industrial truck)
27. PPE (personal protective equipment)
28. Recordkeeping
29. Respiratory Protection
30. Rigging

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31. Safe Access (ladders and stairways)
32. Scaffolds
33. Signaling
34. Site Specific Program
35. Thermal
36. Tools (hand and power)
37. Trenching and Excavation
38. Walking and Working Surfaces
39. Welding
40. Workplace Violence

Certification:

Successful completion requires 80% on both classroom and practical skills.

Upon successful completion, participants receive a wallet card, documentation to satisfy OSHA.

Syllabus – OSHA 30 CONSTRUCTION – 10/8/2015