

# UNITED SAFETY SOLUTIONS

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## **BACK SAFETY: SLIPS - TRIPS - FALLS**

OSHA Preventing Slips, Trips and Falls  
Course: 4 Hours Instruction  
Hours: 4 Class Room  
Hours: Field Instruction

Regulation 29 CFR 1910.22  
Prerequisites:  
Fee:  
CE Credits:

According to the U. S. Department of Labor, slips, trips, and falls constitute the majority of general industry mishaps, causing 15 percent of all accidental deaths. Slips, trips, and falls are among the most frequent type of reported injuries averaging 25% of reported claims in any given fiscal year, injuries which could have been prevented. The controls needed to prevent these hazards are usually obvious, but too often ignored.

### **Who should attend?**

Business owners - employers - managers - supervisors - employees and/or their representatives who have responsibility for managing workplace environment but may have limited safety and/or training experience. Workers have a right to a safe workplace that is free of known dangers.

### **Many situations may cause slips, trips, and falls:**

- Ice - wet spots - grease - polished floors - loose flooring or carpeting - uneven walking surfaces - clutter - electrical cords open desk drawers and filing cabinets - damaged ladder steps

### **Conditions That Create Slips, Trips and Falls:**

- **On the Same Level:** Housekeeping - Wet or slippery surfaces - Obstacles in walkways - Lighting - Footwear - Individual behavior
- **On a Different Level:** Uneven surfaces - Stairs - Ladders - Docks / Ramps - Powered Industrial Lifts

### **United Safety Solutions Course Covers:**

This program tackles a major risk for all companies, regardless of size, industry or number of employees by helping to identify, evaluate and control workplace hazards that cause or contribute to slips, trips and falls. Participants learn facts about falls and actions that directly impact the bottom line.

- Recognize the General Industry (29 CFR 1910) OSHA regulations and other industry standards relating to slips, trips and falls.
- Back Injury Prevention
- Identify hazards at work and the impact of slips, trips and falls on the workplace
- Recognize the various types of slips, trips and falls
- Conduct a baseline evaluation of your workplace
- Safe Work Practices and Solutions that Work
- Job Task Risk Factors
- Effective training and education strategies
- Systematic recognition and evaluation techniques of hazards
- Appropriate controls of hazards
- Action planning and using resource materials in your business
- Identify specific actions to be taken once you return to your job

### **Certification:**

Successful completion requires 80% on both classroom and practical skills.

Upon successful completion, participants receive a wallet card, documentation to satisfy OSHA.